Nya Rekord 2021

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| M40 inne | Tresteg | 13,4 | Tobias Lundqvist 80 | IK Sisu | 2021-11-14 | Västerås |
| K40 ute | 5000 m | 17,29,59 | Ida Nilsson  81 | Högby IF | 2021-07-17 | Oskarshamn |
| K45 ute | Diskus  1,0 | 35,05 | Anna Ek 73 | IKHP | 2021-07-19 | Tingstäde |
| K45 ute | Vikt 9,08 | 12,83 | Anna Ek 73 | IKHP | 2021-07-19 | Tingstäde |
| K55 ute | Vikt 7,26 | 9,10 | Ann-Christin Olsson 64 | IKHP | 2021-09-19 | Värnamo |
| K60 ute | Kula 3 kg | 8,22 | Siv Tornegård 60 | Högby IF | 2021-08-22 | Löttorp |
| K65 ute | 400 m | 87,73 | Ann-Katrin Lundqvist 54 | IK Sisu | 2021-09-12 | Värnamo |
| M50 ute | 100 m | 12,43 +1,5 | Tomas Fanta 68 | Oskarshamn SK | 2021-09-26 | Tranås |
| M50 ute | Slägga 6,0 | 52,39 | Per Karlsson 67 | Högby IF | 2021-08-22 | Löttorp |
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